



Dignity | Equality | Opportunity



Winter 2018 Newsletter

It has been another busy year for the women and children we serve. Through the commitment of our EFry community, including our passionate volunteers, our dedicated board of directors, our partners and staff, we are pleased to share an update with you about our work over the past year.

Putting our 80 years to work

Since our founding in 1939, we've had a lot of opportunity to see what works and where change is needed in the system.

We're proud of work leading change in everything from the methadone program in 1959 to continuing to address the impact of incarceration, not to speak founding other EFry's across the country and the national movement.

Our work has since expanded to support the children of incarcerated parents, to break the cycle of recidivism, to support women experiencing oppression, deep poverty, addiction, homelessness and mental illness.

Current initiatives include speaking before the Justice Committee in Ottawa on the new Divorce act and the need to expand the definition of domestic violence to include things like controlling and isolating women from family and friends; to calling upon the Federal government to make it easier for poor children to have educational grants to registered



Fraudena Eaton, EFry founder, committed to women's rights, mobilized self-help groups for unemployed women in '30s, recruited women to work during the war in '40s as head of the secretariat to do so,, established daycares for working mothers in the '50s.

educational plans for their futures; and calling on BC's government to fund workers to help mom's find housing to reduce the effect of homelessness on children.

We continue to uphold the philosophy of our namesake Elizabeth Fry who strongly believed that every person has the potential to become a contributing member of society. We are able to carry on with this life-changing work thanks to you, our supporters.



Thinking about that first visit with Santa.



A young ambassador thanking Piva Restaurant for hosting dinner.

Lessening the depths of poverty

Thanks to our community of friends we have been able to offer over 300 mothers a chance to surprise their kids with gifts

for Christmas morning. We've fed over a thousand people at various dinners in the community and within prison walls.

Turning gifts into action

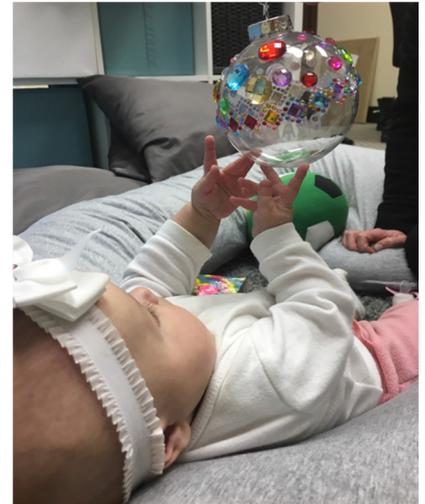
Through your support, we continue to spearhead advancements, with our specialized services empowering women and children to make transformational changes to improve their lives. Do you know one – in – eight of those we serve is funded entirely through donations? Generous support through grants and donations fund all of EFry's work with:

- Newborns using early brain plasticity to recapture potential damaged by exposure to drugs and alcohol;
- Children impacted by homelessness; and
- Children impacted by parental incarceration.

Your support lets us offer these critical programs others do not. We are a national leader in supporting children

who typically would fall through the gaps. Our Model of Care directly disrupts the generational cycles many children fall into through poverty, addiction, homelessness, and involvement in the justice system. Care, support and opportunity allow them to experience their own potential and improve their resilience for themselves and their children.

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One on one strong start programming helps moms prepare their children to be the best they can be.



Thanks to you

We could not do this work without your support. Your compassion and kindness truly change lives.

If you can help, we need it. Each of those one-in-eight we serve without funding will continue to grow with us – up to and including working for us in our JustKids Blue Sky Camp as leaders. We all have a long way to grow.

Please give today on our website elizabethfry.com/donate-now/ or by calling us on 604-520-1166.

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